

The Buzz Of Beauty

Spas brew up coffee-flavored extravaganzas

THE OVERCAFFEINATED could use a little relaxation. Coffee junkies can now visit the spa instead of Starbucks, where they can sip their addiction, bathe in its blossoms and wallow in its fragrant beans.

Day Spa at the Ritz-Carlton Tysons

THEY BRUISE, AND FROM JUST: Ritz-Carlton Tysons, which offers a long menu of treatments using BodyCoffee products (for sale at the spa's front desk). The Coffee Massage and Body Treatment (\$195, 60 minutes) or (\$220, 120 minutes) begins with an invigorating head rub using an oil that smells like a cuppa. An episch with peppermint. The trigger-point body massage, in which a massage applicator presses to tender knots of muscle tissue, leaves you so relaxed, you won't be smelling anything — despite the BodyCoffee energizing body oil. The Coffee Manicure (\$68, 45 minutes) and Coffee Pedicure (\$80, 60 minutes) incorporate the same products; top them off with OPI's Java Manicure-A nail color and an espresso, cappuccino or French

pedicure (also available in decaf) from coffee service.

→ 2200 Spots Road, McLean, VA 703-209-1000; ritzy.com

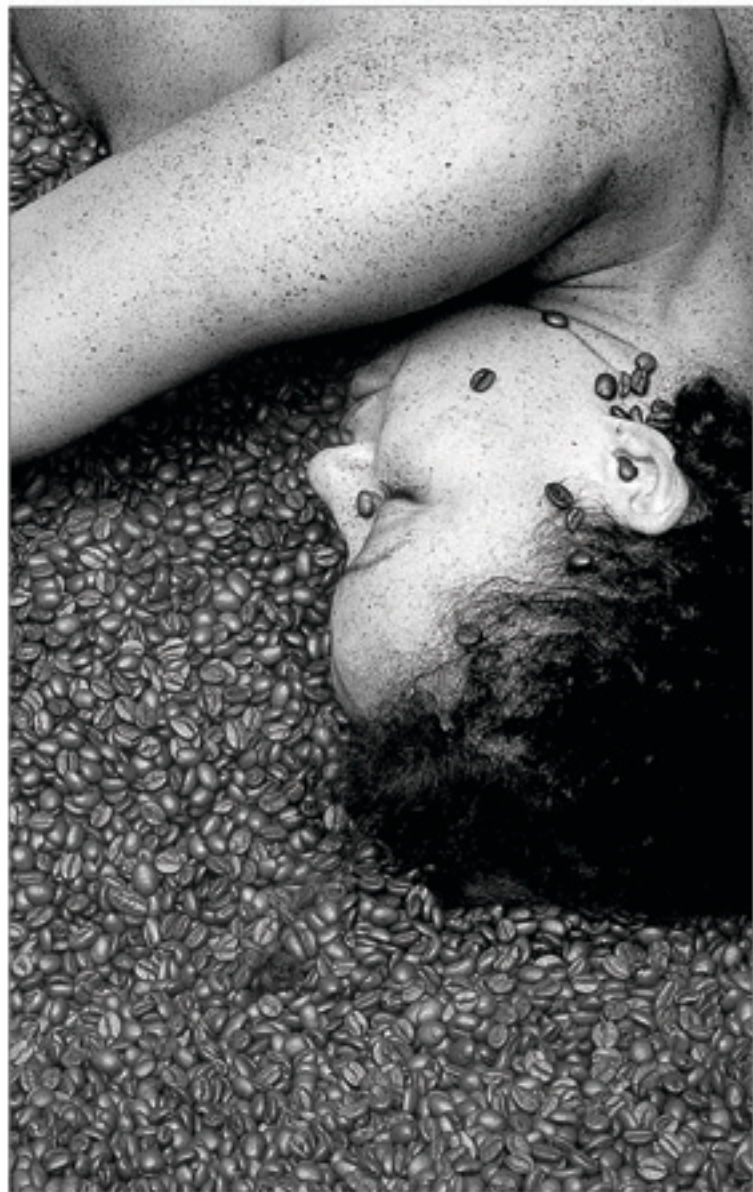
Comfort & Joy Wellness Spa

IF TASTES RUN more gourmet, sip black chai tea in this organic spa's relaxation room before the Hazelnut Coffee Rejuvenating Body Polish (\$50 for 30 minutes with the wrap or \$95 for 60 minutes as a stand-alone treatment) and/or Chai Soy Mud Wrap (\$95, 60 minutes) begin. The gentle, yummy-smelling scrub is made from organic oat bran, wheat bran, ground coffee beans and hazelnut oil. (Gentle, but not ineffective — buffed soles felt noticeably smoother padding along hardwood floors later that day.) The green mud, painted on with a brush, will make you smell like a chai latte and look like a sexy Martian. Rinse using all-natural Burt's Bees products in the homey bathroom, complete with a quilt on the wall and plaid bathrobes. For dessert: moisturizer made with cocoa and rose water.

→ 9514-A Main St., Fairfax, VA 703-425-8800; comfortjoy.com

Spa at the Four Seasons

THE DEPTHS: BEET For a fulling



The spa version of coffee invigorates and relaxes, but won't keep you up all night.

Treatment (\$120, 90 minutes) begins with a clay-brush exfoliation and a 10-minute soak in a very deep and bubbly tub. Back on the massage table, the therapist slathers on BodyCoffee body polish, a mélange of ground coffee, Dead Sea salt, rosemary, and mint and citrus oils. The detoxifying coffee wrap, which boasts kaolin (a soft, white clay), coffee

powder made from antioxidant-rich green beans, ceramides and caffeine, is said to have anticellulite properties. The coffee-blossom lotion, available for purchase along with the body wash (\$30 each) at the reception desk, sends you home smelling of Therapy Justice. **STEPHANIE JONES**

→ 2000 Pennsylvania Avenue SW, DC 202-944-9275; fourseasons.com

Bliss Out

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